

# Adults

## Get Active in 2015



### *Exercise Classes*

**Wilmington Public Library**

**Thursday nights, 6:00 or 6:30 pm**

January 15, 6:00 pm	Dance Party/Sculpt with Lorry Cox
January 22, 6:30 pm	Yoga with Sue Hanna
January 29, 6:00 pm	Body Conditioning with Leva, Get Fit
February 5, 6:00 pm	Functional Training with Debbie, Get Fit
February 12, 6:00 pm	Dance Party with Lorry Cox
February 19, 6:30 pm	Yoga with Sue Hanna
February 26, 6:00 pm	Zumba with Veronica, Get Fit
March 5, 6:00 pm	Zumba with Annie, Get Fit

**Ages: 16 to Adult**

**No registration required**



**Wilmington Public Library**

Main Library  
268 N. South Street  
Wilmington, Ohio 45177  
(937) 382-2417

Clinton Massie Branch  
2556 Lebanon Road  
Clarksville, Ohio 45113  
(937) 289-1079

[www.wilmington.lib.oh.us](http://www.wilmington.lib.oh.us)